11 Mareblu, Ste. 200, Aliso Viejo, CA 92656 Phone: (949)446-8990 Fax: (949) 446-8535 www.oceansleepmedicine.com

STRAMSKI INTERNATIONAL ADOPTION PROGRAM

Pre-Adoption Consultation Questionnaire

Thank you for choosing the Stramski International Adoption Progrma to assist you at this important time in your life. With your permission, we would like to gather some information about you, your family, and the process that has led you to adopt internationally. This will help us to individualize your planned consultation with us. If you find any of the following questions too personal, please feel free to select the "choose not to reply" (CNTR) option. Simply type your answers in the gray areas and/or click on the appropriate box to make a check-mark or selection.

Thank you aging for taking the time to complete this questionnaire. We hope you will find the consultation informative and helpful.

FEES FOR PRE-ADOPTION CONSULTATIONS

Pre-adoption consults are not reimbursable by insurance.

My fee (Monday – Fridays) is \$150 per half hour or part thereof. This includes review of medical information and the subsequent discussion.

Each referral is different, some more complex than others. Some reviews and discussions may take 30 minutes and others 90 minutes or more.

We accept most credit cards and can take payment by phone at the end of the consultation. Please note that I am able to do consultations by arrangement on weekends, but the fee is \$175 per half hour or part thereof.

By returning this completed questionnaire, you are indicating that you understand and accept the aforementioned fees.

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GENERAL INFORMATION

Today	's Date:					
Name	of prospective parent #1:	Date of Birth:				
Name	of prospective parent #2:	Date of Birth:				
Who i	s completing this form? (check)	☐ Both				
Telepl	hone numbers:					
•	Home:					
	Work 1:					
	Work 2:					
	Other:					
E-mail	l address:					
Home	e address:					
	Street: City:	State: Zip:				
1.	If married/partnered, how long have you been together? ye	ears \square CNTR				
	☐ Agency/ attorney ☐ Adoption support group ☐ Friend/relative who adopted ☐ Internet ☐ Newspaper ☐ Television ☐ Doctor's office ☐ Yellow pages ☐ Other					
3.	What is the highest level of education that has been completed? Parent #1:					
	Parent #2:					
4.	Does either parent have training/expertise/employment in the following	fields?				
	Parent #1:					
	Parent #2:					
5.	How many hours per week does each parent currently work outside the h	ome?				
	(Parent #1:					
	Parent #2:					
6.	How long will you be able to stay home after you return from adopting? Parent #1: Parent #2:					

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7	a. If the child(ren) will need (please check all that apply)	care by someone of	other than a parent while yo	ou are working, what ar	e your plans for this?	
	☐ Close friend or relative at my house					
	☐ Close friend or relative at my nouse ☐ Close friend or relative at their house					
	Other caregiver		use			
	☐ Other caregiver	•				
	☐ Day care center					
	☐ Don't know yet					
	Other					
	(please explain	n)			······································	
	\square CNTR					
	b. How many hours per wee	ek do you anticipat	te the child will be in this ca	are? hour	rs.	
8	a. Do you have other childr	en?				
	yes □ no □ cntr					
	b.					
	Child Gender	Date of Birth	Biological or Adopted	Country of Origin	Date of Adoption	
	#1 $\square_{\text{Boy}} \square_{\text{Girl}}$					
	#2 $\square_{\text{Boy}} \square_{\text{Girl}}$					
	#3 \square Boy \square Girl					
	#4 □Boy □ Girl					
	c. Are all of these children s					
	☐ YES ☐	NO 🗆	CNTR			
	d. Do any of these children have special needs?					
	☐ YES ☐	l NO 🗆	CNTR			
9.	How did you come to adopt internationally? (please select all that apply)					
	Wanted to have children and are not able to biologically Richard birth passes too many risks at this point.					
	☐ Biological birth poses too many risks at this point					
	☐ Have adopted internationally before and have had a good experience					
	Know someone who has adopted internationally and had a good experience					
	Wanted an infant; international adoption has infants available					
	☐ International adoption process takes less time than domestic adoption					
	_	☐ Have other children and thought it was the right thing to do at this point in our lives ☐ I am single and want to be a parent to a child that needs one				
	_	-		railable		
	Other	Wanted a healthy child; international adoption has healthy children available				
	(please state reason)					
	☐ CNTR					

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10	a. Single p	rospective parents please answer:
	1.	Did you consider artificial insemination? ☐ YES ☐ NO ☐ CNTR
	2.	If yes, what brought you to adopt internationally?
10b.	Married/pa	artnered prospective parents please answer:
	1.	Did you undergo fertility treatment prior to deciding to adopt?
	2	☐ YES ☐ NO ☐ CNTR If yes, how long was this treatment?
	3.	If yes and you have other children, was fertility intervention used to facilitate previous conception? YES NO CNTR

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INFORMATION SPECIFIC TO THIS ADOPTION

1.	Name of adoption agency or attorney:				
2.	How did you hear of this agency or attorney? (please select all that apply)				
	□ Newspaper advertisement □ Telephone book □ Local seminar □ Mailing □ Friend or family member □ My physician □ Internet □ Media story □ Radio advertisement □ Other				
	□ CNTR				
3.	Please rate the following criteria that you used to select this agency or attorney, on a scale of 1 to 5 with "1" being the most important:				
	They are locally operated				
	My physician recommended them				
	They have informed us that they have a high percentage of healthy children available				
	They deal primarily with the country in which I/we are interested				
	A friend or family member has used them for an adoption				
	Know someone affiliated with the agency				
	Attended one of their seminars				
	Other(please explain)				
4.	How many other agencies/attorneys did you review?				
5.	Did you investigate domestic adoption? ☐ YES ☐ NO ☐ CNTR				
6.	Have you ever been a foster parent? ☐ YES ☐ NO ☐ CNTR				
7.	How long have you been in the process of adopting (choosing a country, choosing an agency, filling out paperwork, etc.)?				
8.	What is the total number of hours that you have spent with your adoption social worker? hours.				
9.	Have you ever attended an adoption support group meeting? ☐ YES ☐ NO ☐ CNTR				
	If yes a. Which group(s)?				
	b. How many meetings have you attended? meetings.				

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YES	stry in this country Id who looked like parent(s) ck process restricted choice of countries restricted choice of countries sted in this country dain		nis country? <i>(please sei</i>	lect all that apply)		
Parental ancestry in this country Wanted a child who looked like parent(s) Wanted a quick process Parental age restricted choice of countries Marital status restricted choice of countries Always interested in this country Other	stry in this country Id who looked like parent(s) ck process restricted choice of countries restricted choice of countries sted in this country lain) ts to your agency or attorney regarding the health, gender, and/or age of a prospective NO CNTR Why? Why? Why? you been approved to adopt? you been approved to adopt? mation: Date of Birth Country of Origin Gender Assessed by an International Adoption Clinic? Boy Girl Boy Girl Boy Girl Boy Girl	☐ The agence	y selected works pri	marily with this country		
Wanted a child who looked like parent(s) Wanted a quick process Parental age restricted choice of countries Marital status restricted choice of countries Always interested in this country Other	Id who looked like parent(s) ck process restricted choice of countries restricted choice of country restricted choice of count					
Parental age restricted choice of countries Marital status restricted choice of countries Always interested in this country Other	restricted choice of countries restricted choice of country restricted choice of a prospective					
Marital status restricted choice of countries Always interested in this country Other	restricted choice of countries sted in this country aim			1		
Always interested in this country Other (please explain) CNTR ou make any requests to your agency or attorney regarding the health, gender, and/or age of a proceed by the second of	ts to your agency or attorney regarding the health, gender, and/or age of a prospective NO CNTR Why? Why? you been approved to adopt? The mation: Date of Birth Country of Origin Gender Assessed by an International Adoption Clinic? Boy Girl Boy Girl Boy Girl Boy Girl Boy Girl Boy Girl			of countries		
Other (please explain) CNTR ou make any requests to your agency or attorney regarding the health, gender, and/or age of a proceed by the second of the se	ts to your agency or attorney regarding the health, gender, and/or age of a prospective NO CNTR Why? Why? you been approved to adopt? mation: Date of Birth Country of Origin Gender Assessed by an International Adoption Clinic? Boy Girl Boy Girl Boy Girl	☐ Marital star	tus restricted choice	e of countries		
Un make any requests to your agency or attorney regarding the health, gender, and/or age of a process YES NO CNTR Health Why? Age Why? Age Why? Date of Birth Country of Origin Gender Assessed by an International A Clinic?	ts to your agency or attorney regarding the health, gender, and/or age of a prospective NO CNTR Why? Why? you been approved to adopt? mation: Date of Birth Country of Origin Gender Assessed by an International Adoption Clinic? Boy Girl Boy Girl Boy Girl	☐ Always into	erested in this coun	try		
Un make any requests to your agency or attorney regarding the health, gender, and/or age of a process YES NO CNTR Health Why? Age Why? Age Why? Date of Birth Country of Origin Gender Assessed by an International A Clinic?	ts to your agency or attorney regarding the health, gender, and/or age of a prospective NO CNTR Why? Why? you been approved to adopt? mation: Date of Birth Country of Origin Gender Assessed by an International Adoption Clinic? Boy Girl Boy Girl Boy Girl	Other				
with make any requests to your agency or attorney regarding the health, gender, and/or age of a problem of the	□ NO □ CNTR Why?		explain)			
PYES NO CNTR Health Why?	□ NO □ CNTR Why?	□ CNTR				
YES	Why?		iests to your agency	or attorney regarding th	ne health, gender, ar	nd/or age of a prospective
☐ Health Why? ☐ Gender Why? ☐ Age Why? The strive adoptee information: Date of Birth Country of Origin Gender Assessed by an International A Clinic? Date of Birth Country of Origin Gender Gender Clinic? Gender Clinic?	Why?	adoptee?	□ NO	□ CNTR		
Gender Why? Age Why? That any children have you been approved to adopt? Sective adoptee information: Date of Birth Country of Origin Gender International Actions? Boy Girl	Why?	If yes				
Age Why? many children have you been approved to adopt? ective adoptee information: Date of Birth Country of Origin Gender Assessed by an International A Clinic?	why?		•			
nany children have you been approved to adopt? ective adoptee information: Date of Birth Country of Origin Gender Assessed by an International Action Clinic?	you been approved to adopt? mation: Date of Birth	☐ Gender	Why?			
Date of Birth Country of Origin Gender Assessed by an International A Clinic?	Date of Birth Country of Origin Gender Assessed by an International Adoption Clinic? Boy Girl Boy Girl Boy Girl	☐ Age	Why?			
International A Clinic?	International Adoption Clinic? □Boy □ Girl □Boy □ Girl □Boy □ Girl	Prospective adoptee in				T.,
	□Boy □ Girl □Boy □ Girl		Date of Birth	Country of Origin	Gender	
	□Boy □ Girl	Name				
□ Boy □ Girl	·	Name			□Boy □ Girl	
□Boy □ Girl		Name			,	
· · · · · · · · · · · · · · · · · · ·		Name			□Boy □ Girl	
	en a prima	Name				
you chosen a primary care physician for this (these) child(ren)?		Have you chosen a prin		, , ,	□Boy □ Girl □Boy □ Girl □Boy □ Girl	
□ YES □ NO □ CNTR	□ NO □ CNTR	Have you chosen a prin ☐ YES	□ NO	\square CNTR	Boy Girl Boy Girl Boy Girl	Clinic?
	□ NO □ CNTR lected?	Have you chosen a prin ☐ YES	□ NO	\square CNTR	Boy Girl Boy Girl Boy Girl	Clinic?
□ YES □ NO □ CNTR	lected?	Have you chosen a prin YES If yes, whom have you	NO selected?	□ CNTR	Boy Girl Boy Girl Boy Girl	Clinic?
☐ YES ☐ NO ☐ CNTR whom have you selected?	n reviewed by any other medical professionals or will it be?	Have you chosen a prin YES If yes, whom have you Has this information be	NO selected?	□ CNTR y other medical profession	Boy Girl Boy Girl Boy Girl	Clinic?
 □ YES □ NO □ CNTR whom have you selected? is information been reviewed by any other medical professionals or will it be? □ YES □ NO □ CNTR 	n reviewed by any other medical professionals or will it be?	Have you chosen a prin YES If yes, whom have you Has this information be	NO selected?	□ CNTR y other medical profession	Boy Girl Boy Girl Boy Girl	Clinic?
 □ YES □ NO □ CNTR whom have you selected? is information been reviewed by any other medical professionals or will it be? □ YES □ NO □ CNTR 	n reviewed by any other medical professionals or will it be? NO CNTR	Have you chosen a print YES If yes, whom have you Has this information be YES If yes, who?	NO selected? een reviewed by any NO	□ CNTR y other medical profession	Boy Girl Boy Girl Boy Girl	Clinic?
☐ YES ☐ NO ☐ CNTR whom have you selected? is information been reviewed by any other medical professionals or will it be? ☐ YES ☐ NO ☐ CNTR who?	n reviewed by any other medical professionals or will it be? NO CNTR	Have you chosen a print YES If yes, whom have you Has this information be YES If yes, who? Primary pe	NO selected? een reviewed by any NO cdiatrician	□ CNTR y other medical profession	Boy Girl Boy Girl Boy Girl	Clinic?
☐ YES ☐ NO ☐ CNTR whom have you selected? is information been reviewed by any other medical professionals or will it be? ☐ YES ☐ NO ☐ CNTR who? ☐ Primary pediatrician	n reviewed by any other medical professionals or will it be? NO CNTR attrician	Have you chosen a print YES If yes, whom have you Has this information be YES If yes, who? Primary pe Family phy	□ NO selected? een reviewed by any □ NO ediatrician vsician	□ CNTR y other medical profession □ CNTR	Boy Girl Boy Girl Boy Girl	Clinic?

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16.	a. How long have you had this referral?
	b. How much time have you been given to make a decision about this referral?
	c. Have you already made a decision (accept/not accept) about this referral? ☐ YES ☐ NO ☐ CNTR
17.	If you choose to adopt this child (these children), when will you travel?
	First trip Second trip (if applicable)
	PARENTAL KNOWLEDGE
1.	About which of the following pertaining to internationally adopted children have you read or researched? (please select all that apply) Attachment Developmental delay Malnutrition Infectious diseases Sensory deprivation Speech and language Other CNTR
2.	What resources did you use to acquire this information? (please number in order from 1-6 with "1" being the most used) Newspaper Internet Books Journal articles Other (please state)
3.	About which of the following concerns related to internationally adopted children would you like more information? (please select all that apply) Attachment Developmental delay Sensory deprivation Speech and language Other
Other	· Additional comments:

That's it, you're done!
Don't forget to SAVE before you email it back.
Thank you.

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